

# Cup Question Sheet (K-3)

**HOLD UP** the **cup** with the “FEAR” label. **SAY:**

- ☛ **What are some things you fear?** (The dark, being alone, etc.)
- ☛ **Fear is an example of a weakness we might have. But instead of letting your fear take over, you can protect yourself when you're starting to feel scared by suiting up with the Shield of Faith.**
- ☛ **How can the Shield of Faith help you when you are afraid?** (We can trust that God is always with us, protects us and will help us)

**HOLD UP** the **cup** with the “PRIDE” label. **SAY:**

- ☛ **What does it mean to have pride?** (Think of yourself as better than others)
- ☛ **If the enemy knows that pride is one of our weaknesses, he might tempt us to talk over somebody because we think we are better. Instead, we can suit up with the Shield of Faith and defend ourselves from doing what the enemy wants.**
- ☛ **How can the Shield of Faith help you when you are being prideful?** (Remember what God says – to think of others as more important than yourself; trust that He will reward you when you do that)

**HOLD UP** the **cup** with the “JEALOUSY” label. **SAY:**

- ☛ **Have you ever been jealous of something that someone else had?** (Yes) **What was it?** (Cool toy, new clothes, a cell phone, etc.)
- ☛ **When you see something that someone else has and you feel yourself getting jealous, the enemy is attacking your weakness! In that moment, suit up with the Shield of Faith and ask God to help you be thankful for what He has already given you.**

**HOLD UP** the **cup** with the “GOSSIP” label. **SAY:**

- ☛ **Do you know what it means to gossip?** (Say mean or untrue things about others)
- ☛ **If gossiping is your weakness, the devil might put you in a situation with some friends who like to gossip. It's hard not to give in to your weakness when it's all around you!**
- ☛ **How can you use the Shield of Faith to overcome your weakness of gossiping?** (Remember that God wants us to show love, choose to walk away)

**HOLD UP** the **cup** with the “ANGER” label. **SAY:**

- ☛ **What are some things that make you angry?** (Losing a game, siblings, etc.)
- ☛ **Does God want us to hurt others when we're angry?** (No) **He doesn't! So that is a weakness the enemy might try to attack!**
- ☛ **When you start to get angry, what can you do?** (Stop your anger from taking over, suit up with the Shield of Faith and remember what God says, trust that He will reward you for not being angry, take a break and calm down, pray)